WHEN YOU SEE A BUTTERFLY

By: Brytani Russell
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When you see a butterfly
Think of me.

When you see a shadow
Don’t be afraid.

When you see a light,
Think of good things.

But when you see a butterfly
Think of me.

When you see a cloud,
Don’t be afraid to try and grab it.

When you see a raindrop,
Open your mouth and let it fall in.

When you see a hand touch you,
Don’t jump away.

When you get all tingly,
Let the feeling last.

When you feel loved
Cherish it forever.

But when you see a butterfly,
Think of me.

When you feel like no one is there,
Make sure you know I am.

When you feel like I am gone forever,
Make sure you feel like I am there.

When you think you have grieved too much,
I know there is always another tear,
Think of me.
For you know I am always with you,
in every way, shape and form.

I am always there to protect you,
Even through dangerous storms.

Know that I am right behind you,
In whatever fate decides to put you through.

For I may be gone,
But I am around,

So when you see a butterfly,
Know I am always there.

Note: A 15 year old Brytani Russell wrote the above for her grandmother after the death of Brytani’s mother, her grandmother’s daughter.