

My Sibling

At night, as I sleep,
I wonder if my brother will wander
the streets of my dreams
In the morning when I rise

Sometimes all I can see is the rain.
It seems so lonely without him
There're days I feel pain
and some nights I lie awake in sorrow.
It's just not the same anymore
Without him it's hard to face tomorrow

My friendships aren't what they used to be
It's hard to explain,, **Oh I know!!!**
it's because he's not standing next to me

As crazy as this may sound
At times, I try to talk to my sibling,
Hoping to see his face in a crowd
I'll be honest, I miss my loved one
The bond between a brother or sister
is as strong as they come

My heart goes out today,
To all of you who came
It's nothing, but respectful
for us to light a candle, in their name

I've learned a big lesson in my life,
It does hurt to grieve...
And, a blessing can come
Even in the misery of a tragedy...

The pain is written on our faces
From all the places memories were made
The valuable times we shared together
are now the reasons that we're afraid

Every year brings tear after tear,
our struggles grow, they know no limit
Grief doesn't show favoritism
the hurt is on the inside
it's never finished,
It won't one day feel better
it's not supposed to
you won't wake up changed forever
This is something you go through

Your loss has a name, so speak that name
Because what you find from here on out
will never be the same
as the body you had to bury and you're left with out

Your knees will be weak and your eyes will flow
Your heart will ache as you speak that name
You'll see the face of the one you knew and hope to know
You'll believe in faith,

So speak that name every day
for your peace remains in how you release the pain

One day we will see our purpose
as we spread love through what hurts us
We see long faces leave us
and we depend on the one and only Jesus
To break free, what we can't seem to just let be

Here let me speak that name: ***Ryan Michael Sheahy***
that's who matters to me...

— Michael Joseph Sheahy

December 4, 2005

Anne Arundel County Chapter/BPUSA

In Memory of his brother, Ryan Michael Sheahy

May 4, 1977 - March 16, 2001