

HOPE, HEALING, AND COPING SKILLS

Proactive Grieving, Proactive Living-The Power of Vulnerability to Survive Loss – Mitch Carmody
Healing Grief and Regret – Alan Pedersen
Healing Improv – Bart Sumner
Transforming Your Life After the Death of Your Child – Donna Mancuso
It's Our Choice...It's How We Survive – Lora & Dave Krum
I Can Barely Survive a Day, How Can I Imagine Surviving Years? – Donna Corrigan
It's A Good Day To Have A Good Day – Carol Casey
Dealing With Grief Bullies – Dennis Apple
Unforgiveness-The Poison in Your Grief Journey – Jeffrey Steinkamp
Experiencing Loss from Substance Abuse – Justin Phillips
The Many Facets of Forgiveness – Laura Diehl
Life Doesn't Have to Stop After the Death of Your Child – Carolyn Zahnow
A Grief Equation - An Engineer Looks at Grief – Paul Balasic
Managing Toxicity: Letting Go – Nina Norstrom
The Manifestation of Grief & Loss in the Body & Brain – Justin Phillips
The Hidden Faces of Anger – Peter Wilcox

FAMILIES AND GRIEF

How Death Affects Family Relationships – Dr. Bob Baugher
THE COUPLE'S TALK: A Safe Zone for Communication During Grief – Pam Vredevelt
My Child Is Grieving – What Can I Do? – Dr. Bob Baugher
A Father & Son's Spiritual Journey Through Grief – Bobby Morton
Men in Grief – Bobby Morton
When Jack and Jill Collide in Loss – R. Glenn Kelly
Preventative Approach: Key Events Family Functions – Vanessa Pentz
Special Needs Bereaved Parents – Melanie & Matt Groves, Cheryl & Al Sanza, and Linda Frohning

SIGNS, DREAMS, AFTER DEATH COMMUNICATION

Whispers of Love, Signs, Dreams & Synchronicity – Mitch Carmody
Your Child Is Talking To You, Are You Listening? – Rachel Pearson
Co-Existing With Our Children in Grief and Spirit – Sara Ruble, Bobby Morton, panel moderators
Death Teaches How We Share Our Grief With Others – Sara Ruble
Your Soul's Journey...A New Way of Looking at Life and Death – Sara Ruble
Discovering a New View of Spirituality for Grieving – Jane Bissler, panel moderator
Using Your New View of Spirituality to Process Your Grief – Jane Bissler, panel moderator
Understanding Your Perspective and Your Loving Connection With Your Child – C. Mulligan & J. Bissler
What is Grief Teaching Me? – Diane Romagnoli

EXPRESSIVE GRIEF AND SELF CARE

Yoga for Healing Our Heart – Ann Irr Dagle
Music Can Be a Catalyst Toward Healing – Doug and BJ Jensen
When Music Stops: How Music Can Help Us Through Grief – Denise Ganulin
A New Tradition to Honor Your Child – Joy Hagens
Healing With Hope Through Art and Writing – Cindy Magee
Movies & Grief – Donna Corrigan
Healing with Creating Art (2 hours) – Ilona Lantos
A Walk in Woods: Exploring Your Grief Through Photography and Nature – Julie Blackburn
Connect With Your Child Using Meditation and Responsive Art – Julie Blackburn (2 hours)
The Poets and Grief – Paul Balasic
Journaling Through Grief – Julie Blackburn
Meditation For Everyone – Ann Lindner
Ask The Counselor – Jane Bissler

FOR SIBLINGS

Sibling Loss Panel Discussion – Sarah Kravits, moderator
Parents and Siblings Idea Exchange – Sarah Kravits, moderator
Fitting Into the Puzzle of Family Grief: Guidance for Bereaved Siblings – Mitch Carmody
Coping with "If-onlys" and "I Should Haves" for Siblings – Dr. Bob Baugher
Healing Improv for Siblings - Bart Sumner
Phantom Limb: Living with the Loss of a Sibling – S. Kravits
I'm a Bereaved Parent & a Bereaved Sibling Discussion – Sarah Kravits, moderator

FOR THOSE WITH NO SURVIVING CHILDREN

Newly Bereaved & First Time Conference Attendees for Now Childless Parents – Joy Hagens & Pat Griffin, moderators
Multiple Losses and No Surviving Children – Kay Bevington and Lora Krum, panel moderators
Finding a Purpose for Living Again: Legacy, Foundations, Projects and Other Means of Honoring our Children's Memory- – Kay Bevington & Joy Hagens, panel moderators
Single Parents and Alone – Ann Lindner and Sherri Woodruff, panel moderators
Seasoned Grievors and Now Childless – Aging Without Children – Kay Bevington & Sara Ruble, panel moderators
Memory Game – Let's Talk About Our Kids – Liz Boenig
Coping Strategies for Survivors of Suicide, Murder or Addictions – Pat Griffin and Liz Boenig, panel moderators
How to Take Care of Myself - Even Though... – Pat Griffin
Handling Holidays and Special Occasions – Kay Bevington, panel moderator

OUR GRIEF AND OUR FAITH

Crisis of Faith After the Death of a Child – Doug and BJ Jensen
Has Your Faith Been Shattered? – Laura Diehl
Struggling to Reclaim My Faith – Dennis Apple