HOLIDAY ALERT!
PLAN NOW!

Tracy Rhein
BP/USA Central Arkansas Chapter

Halloween and Thanksgiving are just weeks away. Christmas decorations have been in the stores for weeks. And there is a hole in each of our families, an empty seat at the table.

It is hard to go on and to celebrate in ways that we always have.

One suggestion that I have seen frequently over the years is to make a chart. The one I have seen most often is for Christmas and I will use that as an example.

Down the right side, put all the normal tasks – sending Christmas cards, writing a “family letter” for those you only communicate with once a year, putting up the tree, baking cookies, attending certain church services, purchasing gifts, preparing a large holiday meal, etc.

Across the top, head columns with questions such as: Would Christmas be Christmas without this? Is this something I want to do differently? Do I do this out of habit, obligation, tradition or free choice? Is this a one-person job or can it be shared? Whose responsibility is this? Can someone else do it? Do I like doing it? Etc. (You can substitute Thanksgiving or another holiday and their tasks for Christmas.)

I suggest that you have a meeting of the adults in the family and all the children old enough to help. Sharing opinions and ideas lets everyone feel involved and valued. It also keeps you from cutting the one thing that your spouse or child was depending on to get them through this difficult time. This chart will let you see, in black and white, what your family’s priorities are this year and allow you to plan your holiday.

For many of us, circumstances dictate the range of choices we have in making decisions. If there are young children still in the home, parents probably have to celebrate the holiday despite their pain. For them, this might be a good time to call some of those people who offered to help and ask them to include your children in a trip to see Santa and have a picture taken or perhaps buy presents while they are shopping for their children so that the bereaved parents don’t have to do these tasks that will emphasize the missing child.

There are many options. Some families draw names for gifts to cut down on shopping. Some donate to charities in their child’s name. Two charities on my list are BP (because they got me through when my grief was raw and new and I want the chapter to be there for others) and the Humane Society because there is where my son’s heart was. When I feel the need to shop, I usually choose a child from an Angel Tree (even though the presents would be a bit young for Jamie as he would be 33 now).

Some of us who are alone choose to work on the holiday, either for someone who has a family and wants the day off or at a shelter for those who don’t have a family or a home.

Above all, I recommend that you:
- Plan ahead
- Ask for and accept help
- Make changes
- Accept your limitations
- Build in flexibility
- Trim down to essentials
- Inform others of your needs
- Give yourself permission “To Be”

Look at yourself in the mirror.

Say to yourself
“It is hard to lose a child.”

Say to yourself
“It is reasonable to hurt.”

Say to yourself
“Healing takes time.”

BE GOOD TO YOURSELF

From AGAIN
FROM SASCHA
BEREAVED PARENTS OF THE USA

A Journey Together is a national newsletter, published quarterly by Bereaved Parents of the USA.

All rights are reserved. However, we welcome other Newsletters reprinting articles. We ask that, when reprinting, you give proper credit to Bereaved Parents of the USA, including the National Address.

Send address changes, other materials or a request for a Newsletter to Betty R. Ewart, Editor BP/USA Newsletter 326 Longview Ave. Lewisburg, WV 24901 Phone/FAX: (304) 645-3048 E-mail: newsletter@bereavedparentsusa.org

For other information, contact the Bereaved Parents of the USA PO Box 95 Park Forest, IL 60466 Phone: 630-971-3490 FAX: 708-748-9184

Our web site is: http://www.bereavedparentsusa.org

FROM THE EDITOR

Betty R. Ewart

With the recent observation of the first anniversary of Sep. 11, 2001, we found that there was much said and written about the fact that there is no “closure” and that the grief is not over in days, months or even a year. Many of us could relate to these sentiments. By action of the Board of Directors, we have distributed the 9/11 funds which BP/USA received for this purpose. We collected a total of $1,100. Of this, $737.60 was spent on 200 brochures and 200 newsletters sent for distribution at the three sites. Elaine Stillwell, who distributed for us and others reported $100,000 worth of grief books and materials were distributed—many donated by publishers. On Sept 11, 2002, we sent the remaining money we had – $362.40 – to the NY Fire Department to be used as needed. We did suggest that, if there were parents whose child had been killed in the tragedy who might need help, that would be an appropriate use of this money.

Please note that the first information about the 2003 Gathering is on pages 7 and 8 of this newsletter. It is also available at www.bpusastl.org/2003_national_gathering.htm and on the BP/USA web site.

The SUDDEN DEATH brochure has been reprinted and new, improved copies are available. A brochure, SUICIDE, has been approved by the Board and printed also. Both of these, along with the other brochures, are available from Pat Moser. We are keeping the price, for the time being, at $10 for 50. These will also be placed on the web site as soon as the work is done – under the Library section. You are encouraged to read them there or print them from that source. Multiples are available from Pat. IN THE BEGINNING is being revised and will be available again soon.

At the end of October, the Board of Directors of BP/USA will be meeting in St. Louis. If you have anything you would like discussed, please let us know. Contact me at president@bereavedparentsusa.org or Pat Moser, Vice President, at PatLMoser@aol.com. BP/USA is your organization and the Board welcomes comments or questions. The slate of officers for the election of Board Members at the 2003 Gathering will be finalized at this meeting too. It is not too late to suggest anyone for consideration. Contact Mitch Dudnikov at One Farrington Ct., Baltimore, MD 21209.

If you haven’t visited our web site for awhile, take a look at it. Our Webmaster, Craig Flanders, has added some graphics and flying butterflies as well as up dating it for us. Craig and his wife are bereaved parents and he does much of this work for us as a memorial to their son. The web site is available at www.bereavedparentsusa.org

The Hinsdale BP/USA Chapter has their Christmas card available and it is beautiful again this year. The money raised from these sales is used by that Chapter for their work. See pages 9 and 10 for information and an order form.

The Board joins me in wishing you a peaceful Holiday Season.

FROM THE EDITOR

Betty R. Ewart

Please note that we still have pressure sensitive car window and lapel pins with the BP/USA Logo for sale. For more information, contact Betty at the e-mail listed above or Pat at PatLMoser@aol.com or check our web site. The decals are $1 and the pins are $3.

Please note that new e-mails: Paul Kinney, BP/USA Treasurer, can now be reached by e-mail at bpusatreas@bellsouth.net and Pat Moser at PatLMoser@aol.com.

If I can, I’ll come again Mother, From out my resting place.

Tho’ you’ll not see me, Mother, I shall look upon your face.

Tho’ I cannot speak a word I shall harken what you say.

And be often, often with you When you think I’m far away.

By Alfred Lord Tennyson.
THAT TIME OF YEAR

By Mary Cleckley
BP/USA Member at Large

It’s Halloween time again. Is that thought bothering you? It probably is, particularly if you had a little one who would have been out doing a little tricking and getting a lot of treating that night.

Or, maybe your child was too small or didn’t live to see even one Halloween. That hurts too, doesn’t it? Sometimes we grieve for what was and sometimes we grieve for what could have been.

Maybe, like me, your child was too old for conning neighbors into treats, but it still is a hard night in the beginning. All special days and nights are.

If you have small children who need to be a part of this special night, maybe a family member or a good friend will accompany them on their appointed rounds. They’ll enjoy the evening just as much and you can “treat” yourself by choosing to stop the world and got off for a little while.

If you have no children at home, this may be a good time to close up shop for that one night. Take in a movie – or stay at home and give no inviting signs that say you want to participate in the festivities of the evening. Do what is comfortable for you.

One day you will be able to enjoy treating the little ones again. This just may not be the year. Isn’t it good to know our needs and abilities change as time goes by?

THANKSGIVING… MY CHILD HAS DIED, DON’T EXPECT ME TO BE THANKFUL!!

Linda Moore
Orange County BP/USA

Dear friends...If this is your first Thanksgiving since the death of your child, I am so very sorry. There is nothing I can say here to make it better, wish I could. Everyone has to do the holiday thing in their own way...whatever might make you the most comfortable. I will share with you part of my Thanksgiving story...

For years our family had gone away for Thanksgiving. We were joined by extended family and it was always a good time. When our kids were little, we all went camping, cooked the turkey outside in a smoker. Some great memories there.

As the kids got older, and I figured out that fixing a big meal outdoors was only fun for everyone else, not the ones bringing everything for it and fixing it! Our game plan then changed and we began going to a hotel on the beach in Carlsbad. Now that was the say to go. We had a big suite, nice heated pool at the ocean’s edge and maid service!!

Then one year, Brad died two months before Thanksgiving. I could not fathom feeling Thankful. My child had died!! All the hotel arrangements had been made the year before. We were on automatic pilot and just went with the flow. I did insist on everyone sharing a memory with Brad and lighting a candle in his memory. When I made this request, there were probably some anxious moments...I don’t remember, nor did I care. In some ways I think it was good for us sticking with some of the traditions that Brad loved and adding new ones to honor him. Was it hard? No doubt. Should we have stayed home, gone somewhere else? No matter where we would have gone, he still would not have been there...there is no getting around that. The pain would have been with us no matter where we were.

We told Brad we loved him, writing it in huge letters in the sand. I spent quiet moments by myself, walking on the beach. I cried by myself and with others. I even laughed a couple of times as we shared silly moments of other Thanksgiving days with Brad. Most of the day I felt I was in the “twilight zone” - participating but removed.

That night, when I was by myself, I sat and wrote a letter to Brad – a letter telling him how thankful I was that he was my son, that I had him for those 17 years, 364 days...That I was thankful for every moment, great, good and not so good. I was thankful for the love we still had. Have I ever had a “normal” Thanksgiving again? NO...no, I have rearranged things in my mind...some things I keep to myself so others can fully enjoy the day. But I always include Brad in some way. I cannot change that he is no longer physically here...so I have to change my world to make way for this new life of mine and make the best of it.

Page 3
UPCOMING EVENTS

December 3, 2002: There are 225 locations in 8 countries and 43 states where balloons will be released in celebration of and to honor and remember the lives of our children. This can be done at any time during the day. For Information contact Ceci Gabrielli at CeciGabrielli@aol.com.

December 8, 2002: World Candle lighting. At 7 p.m., all over the world, those wishing to are asked to light a candle in memory of their children. This means that the light from the candles will burn in some part of the world for 24 hours. This could be done individually or as a group.

May 25-28, 2003: International Death, Grief and Bereavement Conference at the University of Wisconsin LaCrosse Center. Contact 608-785-6773 or cox.gerr@uwlax.edu.

June 27-29, 2003: The St. Louis Chapter of the Bereaved Parents of the USA is pleased to announce that the 2003 BP/USA Gathering will be in St. Louis at the Crowne Plaza Hotel, St. Louis Airport. Information is on the BP/USA web site and at the St. Louis web site: www.bpusastl.org. Brochures are available by request using the form on page 8 of this newsletter. Plan now to attend.

BOOK REVIEWS

HEALING A PARENT’S GRIEVING HEART: 100 Practical Ideas After Your Child Dies is another book by Dr. Alan D. Wolfelt. Dr. Wolfelt’s books are well known by many of us. This book is very helpful for personal use and for chapter use as a discussion topic for meetings. Each topic is contained on one page with a suggestion of how and why the idea might help you. He calls these a 100 ideas that will “teach you about the principles of grief and mourning” and contain practical, action oriented suggestions. The book is available from Companion Press, Center for Life and Loss Transition, 3735 Broken Bow Road, Fort Collins, CO 80526, 970-226-6050.

FROM HURTING TO HAPPY: Transforming Your Life After Loss by Barbara Bartocci. The author has written for Reader’s Digest and several of the women’s magazines as well as Chicken Soup books. This book deals with all types of losses and has many good ideas for the grieving. One of her points is that we must come to a point where we accept what has happened and say “This is it!” and go forward. The book is available from Companion Press, Center for Life and Loss Transition, 3735 Broken Bow Road, Fort Collins, CO 80526, 970-226-6050.

SURVIVING GRIEF BY GOD’S GRACE by Richard V. Battle. This is a book sent to us by the author who is a bereaved father and is about his search for a means of survival, a way to cope, and for comfort from the pain of the loss of his son. It is a religiously oriented book showing the relationships of scripture passages to the grieving process. The book can be obtained from 1st Books Library by contacting www.1stbooks.com or calling 800-839-8640.

HOLDING ON TO HOPE: A pathway through suffering to the heart of God by Nancy Guthrie. This is another book with a religious orientation, using the Book of Job as a guide. It offers a “roadmap through the pain of suffering.” The book is available from Tyndale House Publishers, Inc., Wheaton, IL – www.tyndale.com.

LOVELY BONES by Alice Sebold is a novel which quickly went to the top of the best seller list. Though not a book just about grief due to the death of a loved one, you will find that many of the experiences in the book are familiar. It is written in the first person, told by a 14 year old girl who is murdered and “watches” her family, friends and the murderer as the years go by and they each change and cope as they go on with life. This author feels our experience very well. It is published by Little, Brown and Company and is available in all book stores.

TASTE OF HEAVEN ST. LOUIS STYLE is a cookbook produced by the BP/USA chapter in St. Louis, our hosts for the 2003 Gathering. It is a treasured collection of their children’s favorite recipes and their parents thoughts on grief. It would make a great Christmas gift. You may order it by writing BP/USA-St. Louis Chapter, PO Box 410350, St. Louis, MO 63141. Send your name and address and the number of copies and enclose $15 plus $3.50 shipping and handling per book. You will find a sample recipe and an order form on the BP/USA website or the St. Louis website: www.bpusastl.org. This book and many other helpful ones will be available at the Gathering also.

AVAILABLE

The National SIDS and Infant Death Program Support Center has printed a set of new Guidelines which are very helpful and useful for professionals. These include Guidelines for Christian Clergy, Guidelines for Medical Professionals and Guidelines for Funeral Directors. These would be good for use with these groups to help them in their work with griefing persons. Copies are available by contacting the Center at 1314 Bedford Ave, Suite 210, Baltimore, MD 21208-Phone: 410-415-6628 or on line at www.sids-ld-psc.org.
I remember our first Christmas after. It began the first week of November in 1997, three short months into our worst nightmare, but a lifetime into missing our child of eighteen years. He had died suddenly, one of those “in the wrong place at the wrong time” things, and he took our hearts with him when he left. Summer screeched to a halt and autumn came and went without our participation.

Still standing in confusion at the threshold of grief, we were stunned when the stores replaced the gloomy ghosts and goblins with sparkling ornaments and cheerful decorations. Neighbors strung lights on their houses, friends sent cards wishing us joy filled holidays, and not one person mentioned Jason’s name. Closing our drapes, we huddled in our cocoon, waiting for his return.

Thanksgiving passed. I recall the empty chair, the unbroken wishbone, and more turkey than three of us could eat. There was an unwatched football game and a failed attempt at gratitude. That was our day, and it was good enough. It was inconceivable that we would ever enjoy another holiday, much less be thankful for it.

Snow fell. Carols rang out, lights twinkled, church bells pealed. Our thoughts were of Jason, fixed more acutely on his departure than on his arrival eighteen years before. Memories of prior Decembers pervaded our present. Jason ice fishing. Jason sledding. Jason’s birthday. Jason opening gifts. Jason throwing tinsel on the tree, on his brothers and on the dog. Every memory brought tears but every tear brought Jason closer to us. We found him in the pain, the only place we knew how to get to. I believe that first Christmas had to be that way. Showing up was the best we could do.

But now it is six trees, six silent nights, and six collectable ornaments later. I’ve learned a few things about this path I’m on and found a few crutches for when the road gets too rough. Holidays can be disabling for those who grieve. I’d like to share some things that might help:

—Believe that your loved one is with you. Include them in your celebrations and in your sadness. Include them when you talk with others about old times and holidays past. If you don’t mention them, no one else will.
—Talk to THEM. They hear your thoughts...and if you listen, you can hear their replies.
—Light candles. For six years now I have lit a special candle for my son. This year I will light five, one for each of us, living or not. Why perpetuate the myth of separation? Jason is still a part of this family.
—Do good things in celebration of your loved one’s life. Random Acts of Kindness (http://www.actsofkindness.org/) bring smiles to everyone involved. Buy anonymous gifts, scoop snow from a stranger’s sidewalk, or light candles at unmarked graves.
—Connect with your loved one who has died. Buy yourself a holiday reading with a reputable medium, take a meditation class, create a special place to go to where you can feel their presence.
—Call a newly bereaved friend or neighbor and invite them to reminisce with you. Cry with them, listen to them, share your journey.
—Give to an organization that your loved one supported.
—Make a memory tree. Buy a small tree and decorate it with tokens of their life.
—Don’t worry about what others will think. You are solely in charge of this journey. It’s all yours.

Love someone who is grieving? Lost as far as how to help them through this upcoming season? Any of the above suggestions can be adapted (i.e. give money in celebration of their loved one’s life and tell them about it, make them a memory tree, etc.) to fit your needs. However, there are two gifts that you can give to a person deep in the pit of grief that will mean more than anything else:

1. Undivided attention
2. Unconditional acceptance of their journey, wherever it leads them.

I won’t end this article with a wish that you have your merriest Christmas ever. I know that, for some of you, that is not possible or even desirable. Instead, my wish for you is this: That you find a quiet moment during the sometimes magical but often horrendous season upon us and relax. That you take a few deep breaths, close your eyes and envision your child, sibling, or grandchild. That you accept that dead doesn’t mean GONE. That you send out a “Merry Christmas” and “I love you” and then BELIEVE when you hear his or her whispered reply of “I love you too. Merry Christmas.”

Editors Note: Sandy Goodman is the author of LOVE NEVER DIES: A Mother’s Journey from Loss to Love published by the Jodere Group in 2002. She led a workshop at the BP/USA 2002 Gathering. You can read more about her and her writings at www.loveneverdies.net
WHEN ALL YOU CAN DO IS BUY FLOWERS
By Sabra Penrod
BP/USA – St. Louis, MO

One of the many hurdles that I faced after my son Matthew died was not being able, during the holiday season, to buy him anything ever again. When the holidays rolled around, I had such an empty feeling. I was buying gifts for my surviving children and all I could get Matthew was flowers for his grave. That just wasn’t enough! Shopping was such a chore because I didn’t have the energy and the Christmas spirit just wasn’t there. Not being able to buy anything for my Matthew was just unbearable.

What has helped me so much, throughout the years, is our St. Peters BP/USA support group meeting. At our December Potluck Picture and Gift night, we are asked to bring a gift. The gift is something that we would have bought for our child if he/she were alive. This is not mandatory, but the majority of the group does participate. We go around the table and each person displays what he/she bought and explains why it was bought. Hearing the funny stories that are told is just wonderful. I hear laughter and see tears at the same time. The gifts are later taken to a local children’s home. At first, the gifts that were taken to the children’s home consisted of a couple of bags. However, the generosity has grown more and more every year. The parents that don’t attend meetings throughout the year will come to the meeting in December, just to bring a gift for their child. On Christmas morning when my surviving children are opening their gifts, I sit back and picture a child that probably would have not gotten a gift at Christmas, opening the gift that I bought Matthew. That gives me such peace.

I will not wish you joy this holiday season. That is something that will come later. But I will say this; do as much or as little as you can handle; don’t push yourself too much. I will, however, wish you peace.
Bereaved Parents of the USA
NATIONAL GATHERING 2003
St. Louis, MO.
"Gateway to Healing"
A Weekend to Honor Your Child


The Bereaved Parents of the USA-St. Louis Chapter is honored to have been selected to host the BP/USA National Gathering in 2003. The National Gathering is a time for parents, siblings and families to come together to “Remember our Children”, attend workshops and to assist each other in learning new ways to cope through this devastating nightmare.

Life does not prepare us to deal with the death of our child. Who better than Parents, Siblings and Families who have walked this path, could share the necessary coping skills to survive...and eventually to teach us to live again. The workshops and sharing sessions will address all aspects of grief. The presenters will range from parents and professionals, to your favorite authors. It will include alternative methods of grieving. There will be over 100 workshops/programs for you to select from that best suits your situation.

When a child dies, everyone in the family is affected. The goal of the 2003 National Gathering is to bring not only the parents, but also the siblings and family members together for workshops and sharing sessions particular to their needs. Don’t think for a minute that these Gatherings are “pity parties”. The parents, siblings and family members that attend are serious about educating themselves on the grief process, healing and truly wanting to learn how to live again. The Gathering provides a safe environment, where no one is a stranger. The weekend is dedicated to the Memory of our Child. Most parents, siblings and families find that at the end of the weekend they feel at peace and don’t want to leave. I hope to see all of you there. Remember… it’s the “Power of Parents, The Power of Siblings and The Power of Family” that helps us survive!!!

With Love and Memories of our Children,
Sharon Krejci
Chairman, 2003 National Gathering

DATES
June 26th-29, 2003. Arrive on Thursday, June 26. Opening ceremony begins at 9 a.m. on Friday, June 27th. The program ends Sunday, June 29th at 11:00 a.m.

AIRPORT- OUT OF TOWN GUESTS
Our out of town guests will fly into Lambert, St. Louis International Airport. To reduce the cost, Southwest Airlines has graciously discounted fares for travel dates between, June 23-July 6,2003. This will give everyone the opportunity to come early or stay after to enjoy all the exciting things to do in St. Louis. When making reservations on Southwest refer to the following: Event: BP-USA National Gathering: I.D. code J7751.

SHUTTLE SERVICE TO AND FROM AIRPORT
The Crowne Plaza Hotel offers free transportation from the airport to the hotel and back. It runs every half hour or you can use the convenient direct phone line to call for the shuttle. The hotel is just minutes from the airport.

HOTEL
The Crowne Plaza Hotel-St. Louis Airport
11228 Lone Eagle Dr.
St. Louis, Mo. 63044
314-291-6700

The Crowne Plaza Hotel features an eight-story atrium with a waterfall as its focal point; its wide-open airy design lets light flood into the Gathering workshop areas. The Hotel has been very generous to discount the room rate to $69 per night plus tax. Each family will be responsible for making their own reservations. The hotel provides doubles, kings, non-smoking and handicap rooms. To reduce the rate further, double-up and share the cost (up to 4 per room). Reservations must be made directly through the hotel. When making your reservations please inform the Hotel you are attending the Gathering so you will receive the special discounted rate. RESERVATIONS NEED TO BE MADE BY MAY 15,
ST. LOUIS GUESTS
The camaraderie and much of the spirit at the Gathering comes from the ability to focus on your child, the workshops, and the programs during and after meals. We encourage you to take time for yourself, plan to stay at the hotel and participate as if you were from out of town.

MEALS
Meal times have been planned so that we all eat together at a specific time. During the meal there will be a programs dedicated to your child so please plan to join us. More information regarding meals to follow.

WORKSHOPS/SHARING SESSIONS
There will be over 100 workshops, sharing sessions and programs that are designed to specifically address the needs of the attendees. There will be a track of workshops specifically for parents, another track specifically for siblings, another track addressing miscarriages and infant death and another track specifically for families. There will be general workshops and cross over workshops/sharing sessions. We will also be having several of your favorite authors hosting workshops/sharing sessions.

VIDEO PRESENTATION
This presentation is a very precious part of our program in paying tribute to our child. We ask that you send a photograph of your child to be shared. Dave Simone, who has given this presentation at three other Gatherings will generously again, donate his time, love and talent to coordinate the presentation. If your child’s photograph has been included in Dave’s previous presentation or your child’s picture has been included in the annual December Candlelight Ceremony in St. Louis, it is not necessary to send another photo. Simply indicate you would like to participate.

BUTTERFLY BOUTIQUE/BOOK STORE
The boutique and bookstore will carry items of particular interest to our parents, siblings and family members. There will be many angel and butterfly items along with some souvenirs indicative of St. Louis. The bookstore will offer a variety of reading material to include the books of the presenting authors. It will feature the BP/USA – St. Louis Chapter’s Cookbook, “Taste of Heaven”. This cookbook is a treasured collection of our children’s favorite recipe’s and their parent’s thoughts on grief. It is a cookbook that will truly be read from cover to cover. This cookbook is a great gift for family and friends, since it gives specific direction as to how they can help us survive.

REGISTRATION FORM
Please complete one registration form for each person participating and return with the registration fee to address below. The registration forms should be available by January 2003. If you want to insure that you receive one at your home, please complete the information below and send today!

More information regarding the 2003 National Gathering can be found on www.bereavedparentsusa.org or the St. Louis Chapter web-site www.bpusastl.org or call 314-878-0890.

If you would like a 2003 National Gathering registration form sent directly to your home, please complete the following:

Name ________________________________      Circle one- Parent - Sibling - Family
Address ________________________________      Check only if attending for 1st time _____
City & State ____________________         Zip Code _______________
Home Phone ____________________
Child’s Name ____________________________ Birthdate _________ Angel date _______

Send information to:  Carol Welch
                        123 Rue Grand Dr.
                        Lake St. Louis, MO  63367-2012
This is a general holiday greeting card with special meaning for bereaved parents, siblings, and grandparents as well as those who support them.

The card depicts an old-fashion candle lantern with a evergreen wreath hung to encircle it. The lantern, candle and wreath are all embossed in white on a white background. A lovely bow in a butterfly shape with gently flowing ribbons graces the lower portion of the wreath. The bow, embossed in burgundy, gives this elegant white-on-white card the only touch of color. A border, embossed in white, frames the design.

The message printed in burgundy inside the card reads:

Wishing you
a season filled with gentle memories
carried forever in your heart.

At the bottom on the inside front of the card is the message:

In Memory of Our Children

Printed on high-quality paper, the actual size of the card is 4-1/2" x 6" and comes in packages of 20 cards.
# 20th Annual Design

## HOLIDAY CARD 2002

### ORDER FORM

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Price</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>__________ Pkgs. Holiday Cards (20 cards per package)</td>
<td>$12.00</td>
<td>$______</td>
</tr>
</tbody>
</table>

**NOTE:** 10% discount for orders of **10 or more** packages

Discount - $______

**NOTE:** 15% discount for orders of **15 or more** packages paid for with a check from a non-profit group

Discount - $______

**Postage and Handling:** $4.50 for the first package, $0.50 each additional package

Postage $______

**TOTAL** $______

**NOTE:** We cannot ship cards without correct postage. Take only one discount.

**Make check payable to:** Bereaved Parents of the USA

**Charge my order to:** VISA or MC (circle one). Acct. #

Name on card ___________________________ Exp. date _______

**Send order to:** Bereaved Parents of the USA • P.O. Box 703 • Hinsdale IL 60522-0703

### SHIP CARDS TO

<table>
<thead>
<tr>
<th>NAME</th>
<th>ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>___________________________</td>
</tr>
</tbody>
</table>

Zip Code

<table>
<thead>
<tr>
<th>PHONE</th>
<th>Area Code ( )</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ALL ORDERS WILL BE SHIPPED PROMPTLY VIA U. S. POSTAL SERVICE or UPS

Bereaved Parents of the USA • Hinsdale Chapter • PO Box 703 • Hinsdale IL 60522-0703

Phone 630/920-1201 • Fax 630/325-4393 © 2002 BP/USA

Page 10
BEREAVED PARENTS OF THE USA
MEMORIAL CONTRIBUTIONS

<table>
<thead>
<tr>
<th>Name</th>
<th>Donation Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marion County Chapter, FL</td>
<td>Proceeds from the 2002 Gathering Bookstore in loving memory of the Children of the Chapter</td>
</tr>
<tr>
<td>Scott &amp; Traci Cooley</td>
<td>Donation of item for drawing at 2002 Gathering in loving memory of their daughter, Malena Rose Cooley</td>
</tr>
<tr>
<td>David &amp; Beverly Hurley</td>
<td>Donation of items for drawing at the 2002 Gathering in loving memory of their daughter Debbie Bray</td>
</tr>
<tr>
<td>Gene &amp; Marianne Lorhman</td>
<td>Donation of item to Boutique at 2002 Gathering in memory of their son, James Andrew</td>
</tr>
<tr>
<td>Pat &amp; Paul Kinney</td>
<td>Donation of items to boutique at 2002 Gathering in loving memory of their son, Jeffery</td>
</tr>
<tr>
<td>John &amp; Mary Cleckley</td>
<td>In loving memory of her sister, Elizabeth Swain Edwards and sisters-in-law, Gena Swain and Connor C. Goodrich</td>
</tr>
<tr>
<td>Don &amp; Barbara Cook</td>
<td>In loving memory of Paul Richard Rodda, son of The Rev. Richard &amp; Beth Rodda</td>
</tr>
<tr>
<td>Mitch &amp; Renee Dudnikov</td>
<td>In honor of John &amp; Therese Goodrich’s 50th wedding anniversary</td>
</tr>
<tr>
<td>Gloria &amp; Jake Jacobson</td>
<td>In loving memory of Bella Goldstein</td>
</tr>
<tr>
<td>Phyllis Lynch</td>
<td>In loving memory of son Lee Lynch</td>
</tr>
<tr>
<td>Duke &amp; Eve Harper</td>
<td>In loving memory of daughter Mary Linnea</td>
</tr>
<tr>
<td>From 10,000 close friends</td>
<td>We will remember you as Blake Tolleson and will remember you as Jersey #83</td>
</tr>
</tbody>
</table>

If your donation does not appear on this list, notification of it was received after this Newsletter went to press and we will acknowledge it in the next Newsletter.

Since BP/USA is a qualified charitable 501(c) (3) organization, your donation may be tax deductible. Donations may be designated as follows: in memory of a loved one, in appreciation for someone or something in our life, the Gathering costs, brochure printing or the newsletter printing and postage. If there is no designation, the money will be used for general operating funds.

Please carefully designate how you would like the donation listed on this page. We thank our chapters individual members and other friends for their generous support of BP/USA and its work.

Contributions may be sent to: Paul Kinney, Treasurer, PO Box 5903, Louisville, KY 40255-0903.