



BEREAVED PARENTS OF THE USA

National Address: PO Box 95

Park Forest IL 60466

National Website: www.bereavedparentsusa.org

San Diego North Inland Chapter

Meetings held

4th Thursday

(Except November & December, which will be 3rd Thursday)

6:45 Registration

7 - 8:30 PM Meeting

St. Bartholomew's Episcopal Church

16275 Pomerado Road, Poway, CA 92064

◆ *Conference Room* ◆

Located in upper parking lot

Directions:

If traveling S on I-15, take the Rancho Bernardo Rd exit; at the end of the off-ramp, turn left (eastward), go under I-15 and continue eastward on Rancho Bernardo Rd for about 1.2 miles to Pomerado Rd. Turn R (south) onto Pomerado Rd and continue for about 1 mile. We're on the left (east) side at 16275 Pomerado Rd.

If traveling N on I-15, take the Rancho Bernardo Rd exit. At the end of the off-ramp, turn right (eastward) onto Rancho Bernardo Rd; continue for about 1.1 miles to Pomerado Rd. Turn R (south) onto Pomerado Rd and continue for about 1 mile. We're on the left (east) side at 16275 Pomerado Rd.

Let us know you are coming (858) 966-8400 or email
bereavedparentsusa@yahoo.com or kstark@rchsd.org

Bereaved Parents of the USA (BP/USA) is a national non-profit self-help group that offers support, understanding, compassion and hope to bereaved parents, grandparents and siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings. All facilitators for the San Diego North Inland Chapter are bereaved parents that have had group facilitators training.